



Food Additives Policy Statement

Ingredient Quality Standards

Chartwells are committed to sourcing and serving high quality food to our customers. To support this, we work closely with our network of suppliers to ensure that the safety and nutritional integrity of our ingredients as part of our ingredient selection process.

Our food brand standards mean that we will never use ingredients containing artificial trans fats, genetically modified foods or the below listed food additives:

Colourings

Tartrazine	E102
Quinoline Yellow	E104
Yellow 2g	E107
Sunset Yellow	E110
Cochineal	E120
Camoisine	E122
Amaranth	E123
Ponceau 4R	E124
Allura Red	E129
Patent Blue V	E131
Indigo Carmine	E132
Brilliant Blue FCF	E133
Black PM	E151

Flavourings/Enhancers

Monosodium Glutamate	E621
Sodium 5 Ribonucleotide	E635

Preservatives

Sodium Benzoate	E211
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Sugar & Artificial Sweeteners

At Chartwells we work hard to continually reformulate and develop recipes with a reduced sugar content and we proudly advocate the Public Health England 20% sugar reduction targets across all applicable food categories. We avoid using artificial sweeteners in all made-in-house recipes, instead focusing on overall sugar reduction, however we may occasionally accept EU-approved artificial sweeteners in packaged retail items for customers aged 3 and above. This decision will be at our nutrition team's careful discretion, on the condition that sweeteners are being used to significantly reduce the sugar content of food products, enabling the replacement of added sugars that could otherwise be detrimental to children's oral and physical wellbeing.

All sweeteners used in food and drinks undergo a vigorous safety evaluation by the European Food Authority (EFSA) to ensure their safety for all age/societal groups. Repeated evaluations of the scientific evidence by EFSA have shown that artificial sweeteners are safe for children to consume and people are very unlikely to have intakes that exceed a safe limit, even if they regularly consume drinks or food products containing sweeteners. We understand that some customers, such as those with Phenylketonuria (PKU), may need to avoid artificial sweeteners or their derivatives for medical reasons and in such cases our medical diets team will be happy to support, in line with our robust Medical Diet Policy.