

WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	RICE BOX	RICE BOX
MON	Chicken Tikka Masala    Served with Wholegrain Rice and Vegetables	Roasted Rainbow Vegetables  
	BURGER BAR	BURGER BAR
TUE	Double Beef Burger  Served with Chipotle Wedges and Corn on the Cob	Veggie Burger  Served with Chipotle Wedges and Corn on the Cob
	HOT DELI	HOT DELI
WED	Spicy Chicken Pitta  Served with Mixed Salad	Sticky BBQ Quorn Pitta  Served with Mixed Salad
	MAC SHACK	MAC SHACK
THUR	Macaroni Cheese with Crispy Cauliflower  Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	Macaroni Cheese with Chipotle Sweetcorn   Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Quorn Sausage Roll  Served with Chips, Baked Beans and Peas





HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Cheese Ploughmans 
Chicken Salad Sandwich 
Cheese Baguette 
Tuna Mayo Baguette
CLT Baguette 

WRAPS:

Pepper and Houmous Wrap  
BBQ Chicken Wrap  
Chicken Caesar Wrap  

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	CLASSICS	CLASSICS
MON	Chicken Sausage and Mash  Served with Vegetables with Gravy	Vegetarian Sausage and Mash   Served with Vegetables and Gravy
	PAN-ASIAN	PAN-ASIAN
TUE	Mandarin Chicken   Served with Wholegrain Rice, Peas and Crunchy Slaw	Vegetable Donburi  Served with Peas and Crunchy Slaw
	HOT DELI	HOT DELI
WED	Roast Chicken and Stuffing Baguette  Served with Chipotle Wedges, Coleslaw and Sweetcorn	Korean BBQ Quorn Sub  Served with Chipotle Wedges, Coleslaw and Sweetcorn
	LOADED NACHOS	LOADED NACHOS
THUR	Chilli Con Carne Nachos   Served with Mixed Salad and Salsa	Chilli No Carne Nachos   Served with Mixed Salad and Salsa
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Wrap  Served with Chips, Baked Beans and Peas	Cheese and Onion Pasty  Served with Chips, Baked Beans and Peas





HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Cheese Ploughmans 
Chicken Salad Sandwich 
Cheese Baguette 
Tuna Mayo Baguette
CLT Baguette 

WRAPS:

Pepper and Houmous Wrap  
BBQ Chicken Wrap  
Chicken Caesar Wrap  

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	HOT DOGS	HOT DOGS
MON	Classic New Yorker Hot Dog  Served with Chipotle Wedges and American Slaw	Tropical Sunshine Hot Dog   Served with Chipotle Wedges and American Slaw
	STREET FOOD	STREET FOOD
TUE	Buffalo Chicken  Served with Baked Garlic and Herb Wedges and Mixed Salad	Quorn Shawarma Pitta Pocket  Served with Mixed Salad
	CLASSICS	CLASSICS
WED	Roast Chicken Meatballs  Served with Mashed Potato, Peas and Gravy	Roast Veggie Balls  Served with Mashed Potato, Peas and Gravy
	BUDDHA BOX	BUDDHA BOX
THUR	Nut-free Chicken Satay Buddha Box   Served with Wholegrain Rice and Mixed Salad	Roast Butternut Squash, Chickpea and Broccoli Buddha Box   
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Vegetable Fajita   Served with Chips, Baked Beans and Peas

HOT DISHES:

- Paninis
- Pasta and Sauces
- Freshly Baked Pizza
- Soup and Bread
- Jacket Potato and Toppings

SALADS:

- Tuna and Sweetcorn Pasta Salad
- Pesto Pasta Salad  
- Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

- Cheese Ploughmans 
- Chicken Salad Sandwich 
- Cheese Baguette 
- Tuna Mayo Baguette
- CLT Baguette 

WRAPS:

- Pepper and Houmous Wrap  
- BBQ Chicken Wrap  
- Chicken Caesar Wrap  